



Mindful Way Counseling LLC

Fees:

Every time you schedule an appointment with your therapist you are reserving professional time by the therapist, which includes time spent directly with your provider, *and* time your provider spends outside of the session to prepare, document, note, coordinate care, confidentially consult with supervisor or other professional colleagues on your behalf, and 3rd party payers for various purposes. When you miss an appointment, your therapist has still worked on your behalf. Therefore, there is a session fee and fees associated with missing appointments that have been scheduled. The fees are as follows:

Code & Description	Fees Submitted to ALL Insurance clients <i>As billed under Fully Licensed Clinicians</i>	Private Pay reduced fees for pre-licensed clinicians:	Private Pay reduced fees for intern level clinicians:
90791- Intake/Diagnostic Assessment	\$275	\$225	\$170
90847- Family Therapy with client/couple (45 minutes)	\$200	\$140	\$110
90846- Family Therapy without client present (45 minutes)	\$200	\$140	\$110
90834- Standard Therapy Session (non-trauma) (45 minutes)	\$160	\$130	\$100
90837- Extended Therapy Session (often used for trauma, as well as other things) (53+ minutes)	\$230	\$175	\$140
90832- Brief Therapy session (30 minutes) – <i>not typically recommended for ongoing progress in therapy.</i>	\$125	\$110	\$85
+90785- Complexity in Psychotherapy (i.e. play, EMDR, management of dissociation, etc.)- <i>add to therapy code/rate.</i>	+\$30	+\$25	+\$17
90839- Crisis session (first 75 minutes)	\$230	\$170	\$140
+ 90840- Crisis add on (each 30 minutes added)	+\$110	+\$85	+\$70
Extended 90 minute sessions (not billable to insurance)	\$250	\$200	\$155

Telehealth may or may not be covered prorated to above by insurance. Telephone is always private pay.

Other fees* charged by ALL clinicians regardless of training: not billable to insurance

**Contracted clinicians may adjust their rates and expected notification times higher for any of these items, and will notify clients in writing with any variations in policies from this document.*

1. Summary of Treatment or Letters, per item: \$25+
2. Professional Consultation Services, per 60 minutes \$250+
3. Late Cancellation Fee: \$85
4. Missed Appointment Fee: \$100
5. Returned Check (NSF): \$50
6. Court Appearances, per 15 minutes of time away from the office: \$250
7. Court Preparation (client discussion, case review, reports, responding to lawyers, etc.), per 15 minutes: \$250
8. Retainer for court involvement (due 2 weeks in advance, checks not accepted): \$2000
9. Record Copies: Fees follow the maximum allowed *Minnesota Department of Health at any given time, currently listed as \$20.35 for processing and \$1.53 per page. This ate may change at any time. Postage may also be billed to you.*

If you are a private pay client and want to know which set of fees your provider will charge, please see the clinician's bio on the website and/or review the good faith estimate that you are provided for private pay services.

<https://mindfulwaycounseling.org/about-us/providers/>