



## Mindful Way Counseling LLC

### Fees:

Every time you schedule an appointment with your therapist you are reserving professional time by the therapist, which includes time spent directly with your provider, *and* time your provider spends outside of the session to prepare, document, note, coordinate care, confidentially consult with supervisor or other professional colleagues on your behalf, and 3<sup>rd</sup> party payers for various purposes. When you miss an appointment, your therapist has still worked on your behalf. Therefore, there is a session fee and fees associated with missing appointments that have been scheduled. The fees are as follows:

Code & Description	Fees Submitted to ALL Insurance clients <i>As billed under <b>Fully Licensed Clinicians</b></i>	Private Pay reduced fees for <b>pre-licensed</b> clinicians:	Private Pay reduced fees for <b>intern level</b> clinicians:
90791- Intake/Diagnostic Assessment	\$285	\$225	\$170
90847- Family Therapy with client/couple (45 minutes)	\$200	\$140	\$110
90846- Family Therapy without client present (45 minutes)	\$200	\$140	\$110
90834- Standard Therapy Session (non-trauma) (45 minutes)	\$180	\$130	\$100
90837- Extended Therapy Session (often used for trauma, as well as other things) (53+ minutes)	\$260	\$190	\$140
90832- Brief Therapy session (30 minutes) – <i>not typically recommended for ongoing progress in therapy.</i>	\$135	\$110	\$85
+90785- Complexity in Psychotherapy (i.e. play, EMDR, management of dissociation, etc.)- <i>add to therapy code/rate.</i>	+\$35	+\$25	+\$17
90839- Crisis session (first 75 minutes)	\$260	\$190	\$140
+ 90840- Crisis add on (each 30 minutes added)	+\$130	+\$85	+\$70
Extended 90 minute sessions (not billable to insurance)	\$275	\$210	\$155

*Telehealth may or may not be covered prorated to above by insurance. Telephone is always private pay.*

-----

#### **Other fees\* charged by ALL clinicians regardless of training: not billable to insurance**

*\*Contracted clinicians may adjust their rates and expected notification times higher for any of these items, and will notify clients in writing with any variations in policies from this document.*

1. Summary of Treatment or Letters, per item: \$25+
2. Professional Consultation Services, per 60 minutes \$250+
3. Late Cancellation Fee: \$85
4. Missed Appointment Fee: \$100
5. Returned Check (NSF): \$50
6. Court Appearances, per 15 minutes of time away from the office: \$250
7. Court Preparation (client discussion, case review, reports, responding to lawyers, etc.), per 15 minutes: \$250
8. Retainer for court involvement (due 2 weeks in advance, checks not accepted): \$2000
9. Record Copies: Fees follow the maximum allowed *Minnesota Department of Health rates at any given time. Postage may also be billed to you.*

*Contracted clinicians may adjust their rates and expected notification times higher for any of these items, and will notify clients in writing with any variations in policies from this document.*

If you are a private pay client and want to know which set of fees your provider will charge, please see the clinician's bio on the website and/or review the good faith estimate that you are provided for private pay services.

<https://mindfulwaycounseling.org/about-us/providers/>